Vision:
To be a prime manpower provider in the field of technology, innovation and management for national development.

Mission:
To develop individuals in various technical and managerial life skills through qualitative training and relevant educational programmes to meet the needs of the nation’s economy.

Core Values (CACIT)
Commitment, Accountability, Creativity and Innovativeness, Integrity and Teamwork.

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FEDPOLEL Begins August with Prayer
The Management, Staff and Students of Federal Polytechnic, Ile-Oluji on Monday, 2nd August, 2021, congregated at the Twin Auditorium, Permanent Site for the August edition of the Monthly Prayer Meeting. The proceedings of the prayer meeting started with an opening prayer said by Mr. A.A. Oludeyi, Head of the Students Affairs Division. Thereafter an intercessory prayer session was led by Mr. O. Bello of Academic Affairs Division. During the session, prayers were offered for the success of students in the first semester examinations that would later start that morning and for staff and Management of the Polytechnic, Ile Oluji Community and the country at large.

The Rector, Prof. E.A Fasakin welcomed the members of staff to the new month. He reiterated that though Management would not compel attendance at the monthly prayer meeting, he would continue to urge members
of the Polytechnic Community to consciously choose to make attending the prayer meeting a priority as it has become an important forum where staff and Management of the Polytechnic collectively solicit God’s help in the corporate affairs of the Institution and the individual lives of members of staff. In the same vein, the Rector directed the Examination Committee of the Institution not to schedule papers within the period the prayer meeting normally holds whenever the first working day of the month comes up during an examination period. He observed that this would avail both Staff and Students the opportunity to attend the prayer meeting promptly. Prof. Fasakin admonished students to focus on their studies and to prepare well for the first semester examination. The Rector gave information that students who had not paid their school charges would not be allowed to sit for the first semester examinations.

The Ag. Registrar, Mr. D.O.A Oyeyipo, while giving the vote of thanks, appreciated Staff and Students of the Institution for their presence at the August edition of the prayer meeting.

**FEDPOLEL Matriculates Part-Time Freshmen**

The Matriculation Ceremony organised by the Continuing Education and Skills Acquisition Centre (CESAC) for students admitted into the Part-Time Programme of the institution for 2020/2021 academic session was held on 13th August, 2021. The ceremony, the 4th in its series, was held in one of the Twin Auditoria at the Permanent Campus of the Polytechnic.

The ceremony which was presided over by the Rector, Prof. E.A. Fasakin, had other Principal Officers including the Acting Registrar, Mr. D.O.A Oyeyipo represented by the Admissions Officer, Mr. Bello Olusanya; the Bursar, Mrs. R.O Ogunbodede and the Polytechnic Librarian, Dr. J. Idiegbeyan-Ose in attendance. The Acting Deans of School of Applied Sciences, School of Business and Management Studies, and School of Engineering, Messrs. S.A Omogbehin and S.O Akindutire, and Engr. A. Olawuni respectively were also in attendance. Other Management staff present at the ceremony included Mr. O. O. Oyelola, Director of Physical Planning; Heads of Departments, Departmental Coordinators of Part-Time programmes; Principal Assistant Registrar in the Office of the Rector, Mr. S.E. Ayodeji; the PRO, Mr. S.J. Enigbokan; some members of Staff, Students and other well-wishers of the Institution and those of the matriculating students.

The Rector, in his keynote address welcomed the matriculating students and their well-wishers. He explained that a matriculation ceremony was special because it was an event that marked the official entry of students into a tertiary institution and it represented a major milestone in the lives of the freshmen being inducted at the ceremony. He also identified that the
ceremony marked the beginning of a life-changing experience for freshmen participating at such ceremony. The Rector pointed out that Matriculation Ceremonies were also significant in that they were avenues for students who were being officially admitted into higher institutions at such ceremonies to pledge their allegiance to the authorities of their Institution through taking the Matriculation Oath. He also reiterated that the matriculating students were expected to sign an oath of conduct to pledge to be of good conduct and to submit themselves to the authorities of the Polytechnic. He implored the new students not to bring the name of the Polytechnic into disrepute.

Moreover, the Rector appealed to the freshmen to make conscious effort to partner with the Management as it was poised to build a community identified with unity, support, and genuine interest in the advancement and development of its partners. Also, he warned the freshmen against behaviours and social vices that were inimical to the values the institution had embraced. The Rector then read the riot act to the freshmen on practices like cultism and examination malpractices, and warned that any student convicted of breaching the regulations of the Polytechnic would face the full wrath of the law.

Rector admonished the students to be focused, and to always bear in mind that great prospects and skills that would define their experiences in the institution and set them on the trails of both professional and personal excellence laid ahead of them. He debunked an erroneous notion that Part-Time programmes were inferior or substandard to regular Full-Time programmes. The Rector explained that the school runs the same curricula for the two academic plans and emphasised that the significance of the certificate awarded for the two are equivalent. He noted that Part-Time students were workers who wanted to acquire more academic qualifications without necessarily quitting their occupations and those who were not privileged to gain admission into higher institutions through the UTME.

Finally, the Rector informed his audience that the institution was growing at a very fast pace and he also gave information that machineries were already deployed to have a resource verification for Higher National Diploma in the Polytechnic’s five take-off programmes, that is, Accountancy, Computer Engineering, Computer Science, Electrical Electronics Engineering and Statistics.

The peak of the ceremony was the administration of the Matriculation Oath to the freshmen by the Ag. Registrar. Thereafter, the Rector received them formally into the Polytechnic on behalf of the Academic Board.

FEDPOLEL Academic Staff Joins ASUP, Elects Maiden Exco.

The Management of Federal Polytechnic, Ile-Oluji warmly received the National leaders of the Academic Staff Union of Polytechnics (ASUP) in the Conference Room of Rector’s Office on Thursday, 12th August, 2021. The ASUP National leaders were led by the National President, Comrade Anderson Ezeibe. Other members of the team were
Comrades Yekini Nureni, ASUP Zonal Coordinator of Zone C; Ajiboye Remi, ASUP Chairman, Yaba College of Technology; Dr. Fatai Afolabi, ASUP Chairman, Osun State Polytechnic, Iree; Engr. Emmanuel O. Adubi, ASUP Chairman, Federal Polytechnic, Ado Ekiti; Ojo Olugbenga, ASUP General Secretary, Yaba College of Technology; Akinbode Sangodapo, ASUP General Secretary, Osun State Polytechnic, Iree; and Israel Taiwo, General Secretary, Federal Polytechnic, Ado Ekiti.

He explained that unionism was an integral part of the development of any institution because every sound and productive management would require a trade union that would help in creating a conducive environment for teaching. Comrade Ezeibe noted that the National Executive of ASUP had recently had to institute a litigation against the Federal Government on account of the unsuitability of a personality appointed as the Rector of one of the newly created Polytechnics.

While responding, the Rector acknowledged the contributions of the Comrade Ezeibe-led National Executive Committee of ASUP to the development of Technical and Vocational Education in Nigeria. He singled out Comrade Ezeibe for commendation on account of his dynamism and clear understanding of the basics involved in the contemporary matters affecting Polytechnic education in Nigeria. The Rector informed the Union Leaders that both the Management and Union were working towards the same goal, that of ensuring that Polytechnic Education occupied its prime place in the development of the country.

The Rector however noted that the time the local organising committee had chosen to hold the maiden election of ASUP in the Institution, and by extension the visit of ASUP National leaders to the institution, was not suitable. The Rector explained that students were writing first semester examination, which naturally implied that academic staff...
would be preoccupied with examination duties, and might not therefore be available for the election. He also noted that the matriculation ceremony for part time students was scheduled to be held on 13th August, 2021, the following day. The Rector explained that admissions, examinations and promotion are serious issues within the system and could not be taken with levity.

The Rector urged ASUP to brace up and noted that it was time Polytechnics strove to have good leaders at their helms because innocuous leadership would pose an undaunting challenge for the Polytechnic system. He pointed out that some of his counterparts did not particularly have proper grasp of what the Polytechnic system was all about.

The Rector also informed the visiting union leaders of the efforts the Management of the Institution had been making to ensure it achieved its mandate. He noted that the sacrifices made to put required institutional frameworks on ground at the inception of the Polytechnic paid off. The Rector cited the ranking of the Polytechnic by National Board for Technical Education (NBTE) as a joint thirteenth (13th) with Kwara State Polytechnic among the one hundred and twelve (112) Polytechnics and Monotechnics in the country in 2018 as a pointer to how the Polytechnic was being focused in the right direction.

The Rector applauded ASUP for having a credible National Leader who could reason beyond local level and advised the national leaders of ASUP to emulate the strategies their counterparts in Academic Staff Union of the Universities (ASUU) were employing in their negotiations with the Federal Government to ensure that they secure Government’s interventions for universities. He advised the Union to consider partnering with Rectors to create a better synergy that could serve as a lever for better dividends for the Polytechnics system.

Subsequently, the maiden elections of ASUP for FEDPOLEL branch took place on Friday, 13th August, 2021 under the monitoring of the National Executives of ASUP led by ASUP Zone C Coordinator, Comrade Yekini Nureni. The election produced the following: Mr. K.S. Oyewole as Chairman, Mr. M. Ibiyomi as Vice Chairman, Mr. A. O. Adekunle as General Secretary, Mr. G.G. Omula as Treasurer, Mr. G.O. Awoleye as Internal Auditor, Mr. O.P. Ajayi as Publicity Secretary, Mr. Aluko O. A as Welfare Secretary. They were sworn in by Comrade Yekini Nureni, who thereafter presented the newly elected officers to the Rector of the Polytechnic in his office.

**NASU Ondo Council Visits FEDPOLEL**

The Ondo State Council of the Non-Academic Staff Union of Educational and Associated Institutions (NASU) paid a courtesy and introductory visit to the Polytechnic Management and the institution on Tuesday 9th August, 2021. The meeting, held at the Academic Board Room, had all the Principal Officers and Management staff of the Institution in attendance.

The Union State Chairman and team lead, Mr. Adebayo Obayoriade expressed gratitude for the warm reception accorded his team and explained that the union representatives were in the institution on a courtesy visit and to introduce the union to the Management. He
assured the Management that the mission of NASU was not to disrupt academic activities in the Institution but to contribute to its progress. He stated that NASU was concerned with the welfare of members of staff and operated on the principle of an Injury to one of NASU members was an injury to all its members.

The Rector, Prof. E.A. Fasakin warmly welcomed the leaders of NASU to the institution and gave information that the leaders of ASUP and SSANIP had earlier visited the school to introduce their respective unions to the Institution. He added that the presence of unions in the Institution was highly appreciated as the school could now accommodate them without fear of destruction of lives, properties and its academic system. He informed the Union of his passion for the growth and development of the school and emphasized that his desire for development in the Polytechnic was beyond having befitting structures on the campuses but it included raising intellectually sound individuals who would impart the society at large. Professor Fasakin noted that ordinarily, there ought not to have been any difference among schools in Nigeria and those in advanced countries if priorities had been set right in Nigeria from the outset. He enjoined NASU to support the Management in building a vibrant and strong institution. The Rector also emphasised to the NASU leaders at the meeting that the institution was new and should not be compared with older schools that had been existing for many years. He advised the Union to set noteworthy legacies and to assist leaders that would emerge in the local branch that would be formed in the Institution to cultivate good leadership skills. On a final note, he recommended that seminars and trainings should be organized for members to enlighten them.

The Union State Chairman, Comrade Obayoriade Adebayo appealed to the Management to always carry representatives of NASU along on developments within the institution and the Rector responded that the Management of the institution had always operated committee system in the administration of the institution. He reiterated that the institution operates like a family as every member is expected to be informed about developments in the school. He further explained that members of staff were expected to contribute to the development of the Polytechnic. The Rector added that members of staff were free to ask questions on matters, and the Management had the responsibility to enlighten them on such as appropriate. The Rector advised unions to be patient and to establish the facts in any matter before they should react. The Rector gave approval to the NASU leaders to interact with members of staff who were willing to join the union. He also directed that the visiting team be taken round the school on a facility tour.

**FEDPOLEL Conducts First Semester Examination.**

The Examinations for the first semester of the 2020/2021 academic session were held between Monday, 2nd August and Friday, 3rd September, 2021. The examinations which the Central Examinations Committee organised to last for four (4) weeks had ND I students first taking their turns for two weeks from Monday, 2nd to Friday, 13th August, 2021. Thereafter ND II students had their examinations from Monday, 16th to Friday, 3rd September, 2021.

However, following the foreboding atmosphere surrounding the Annual Ogun Festival in Ile Oluji Community, the Management declared a 3-day Mid-Semester break from Wednesday 18th to Friday, 20th
and closed the school for both staff and students to protect their lives from any harm. The first semester examination resumed on Monday, 23rd August, 2021. Though the examination ran without any major hitch, there were cases where students took ill during some sessions and were taken to the Institution’s Health Centre where they were promptly attended to by Health workers.

FEDPOLEL Management Hosts Nigeria Connect Incorporation (NCI)

Mr. Samuel Babatola Omotoso, a representative of Nigeria Connect Incorporation (NCI), an NGO that specialises in donating resource materials, including books and journals to higher institutions of learning in Nigeria, and which has its headquarters in United States of America, visited the Polytechnic on Wednesday, 25th July, 2021 to assess the facility of the Polytechnic Library. This was with a view to determining whether the Library had sufficient facilities to receive and process the materials for immediate use. Mr. Samuel Babatola Omotoso also said he would equally be assessing the ICT readiness of the Polytechnic Library during the visit with a view to assisting the Polytechnic to position its webometric visibility. Mr. Omotoso who explained his interest in IT components of tertiary institution administration also solicited collaborations between himself and the Polytechnic on webometric enhancements for the Institution.

The Polytechnic Librarian, Dr. Jerome Idiegbeyan-Ose welcomed the representative of Nigeria Connect Incorporation on behalf of the Rector. He also appreciated the Jegun of Ile-Oluji for facilitating the donation of the books and also eulogized the royal father his other numerous contributions to the growth and development of the Polytechnic. He also expressed profound gratitude to the indigene of Ile Oluji who had served as the vital link between Kabiyesi and Nigerian Connect Incorporation for his kind gesture towards to growth of the Polytechnic. Dr. Idiegbeyan-Ose assured NCI that the Polytechnic Library had the necessary facilities, technical skills and space to store the book and would enhance putting them into immediate use. He added that the members of staff in the Polytechnic Library were ICT-compliant. Dr. Idiegbeyan-Ose informed Mr. S. B. Omotoso that the Institution had a well-established and equipped E-Library to which forty (40) computer systems had been dedicated and were in use. The Polytechnic Librarian said the Polytechnic would be happy to partner with Nigeria Connect Incorporation.

Mr. Samuel Babatola Omotoso explained that for a school to be ranked among the best schools in Nigeria, researchers must be able to access academic resources being produced by its scholars from any location in the world and its academic staff must also be visible on
its website. He advised the Management to integrate a special webometric feature on the official website of the Institution that would synergize the research works and publications of academic staff of the institution with the website. Mr. Omotoso explained that this would make it possible for students or interested researchers within or outside the Polytechnic to access these research works thereby improving the webometric visibility of the Polytechnic. He advised that academic staff of the Polytechnic should be encouraged to submit their research works, results and publications to the ICT Department and the Polytechnic Library for the uploading of the same on the Polytechnic website.

In the first write up in the health serie, focus was put on the importance of undergoing regular medical check-up and the various types of medical check-ups available. In this edition, emphasis shall be placed on living a healthy life. We shall particularly be considering the subject with a dissection of the acronym DATE. DATE, in the context of our present discussion, means:

**D**- Diet  
**A**- Alcohol  
**T**- Tobacco  
**E**- Exercise

**DIET**

The Illustrated Oxford Dictionary (2003) defines diet as “the kind of food that a person or animal habitually eats”. A diet with adequate fruits and vegetables with less of industrially processed food is advised with two proportions of fruits daily. It has been researched that diets rich in fruits and vegetables reduce the risk of Bowel Cancers. Also, people are generally advised to reduce consumption of salt and sugar. This is because consumption of excess sodium has been linked to health problems such as osteoporosis, kidney disease and hypertension or high blood pressure, which may in turn lead to cardiovascular diseases and stroke. Similarly, excess sugar intake is risky to the body. However, without sugar, the body would cease to function properly. Natural occurring sugars such as those found in fruits and lactose or milk sugar are beneficial to the body. However, added sugar in proceed foods are detrimental to a healthy life. Also, it is necessary to drink sufficient water. However, it should be noted that the water to be taken should conform to the acceptable standards. Eating balanced diet does not need to cast a leg and an arm. One should always keep in focus that being in health is more economical than spending a colossal amount on drugs.

The Acting Registrar, Mr. D. O. A. Oyeyipo, on behalf of the Management appreciated and thanked Mr. Omotoso for the visit. He equally appreciated all the stakeholders who had facilitated the donation of books through Nigeria Connect Incorporation.

**Importance of Living a Healthy Life Style**

Health is defined as a complete state of physical, social and mental wellbeing (WHO). Health is therefore more than merely the absence of diseases.
ALCOHOL
To a layman, alcohol is any substance that intoxicates or makes one to feel high. However, an Organic Chemist would define alcohol as an organic compound that contains one or more hydroxyl groups attached to carbon atom. Generally, alcohol instigates intoxication. Many use alcohol for different reasons, including social, curative, therapeutic and other reasons. Alcohol has been said to derive from fermentation, even of left-over food. However, the dangers inherent in excessive use of alcohol over human health are enormous. Experts in health services have advised that men should limit alcohol intake to less than 21 units per week while women are advised to make do with 14 units per week. Alcohol has been linked to various medical conditions like heart diseases, chronic liver diseases, Kidney diseases, pancreatitis, brain damage and others. Pregnant ladies are severely cautioned to steer clear of alcohol while in term to avoid malformation of certain organs in their unborn children. Whatever benefits are derivable from the use of alcohol are dwarfed by the incalculable damage it is capable of causing. The latest dietary guidelines make it clear that no one should begin drinking alcohol on the basis of its potential health benefits. For many people, the possible benefits do not mitigate the risks. Hence, avoiding alcohol is the best course of action.

TOBACCO
Tobacco smoking is considered a physical manifestation of coming of age, especially among the youths. Chidinma, the lady who allegedly murdered a Television CEO in July was said to have told journalists that she never smoked until her admission into an institution of higher learning. Smoking, including tobacco and other substances smoking and consumption of alcohol are acclaimed to be high among teenagers to people in their mid-thirties. Though many stop the acts by the time they approach their forties, the damage wreak on their bodies only manifest later in their lives. Smoking is solely responsible for over 70% of lung cancers. Both active and passive smokers are shown to be at risk. This is one of the critical reasons for banning smoking in public spaces. However, in our clime, laws are obey more in the breach. Hence, no-smokers are advised to protect themselves from the hazards smokers may constitute to their health safety. Smoking causes cancer, heart disease, stroke, lung diseases, diabetes and chronic obstructive pulmonary diseases (COPD) which include emphysema and chronic bronchitis. Smoking can also increase the risk for tuberculosis, certain eye diseases and problems of immune system like rheumatoid arthritis. According to the Centres for Disease Control and Prevention (CDC), smoking cigarettes increases the risk of dying from all cancers, not just those linked to tobacco use.

EXERCISE
Regular Exercise is the miracle cure most people have been waiting for, but for so long, it has been neglected by many. Whatever the age of an individual, there is strong scientific evidence that being physically active can help lead a healthier and happier life. Readers are advised to take at least 30 minutes of aerobic exercise daily. Brisk walking is a form of exercise, take the stairs instead of the mechanised elevator, and take a stroll to and from your house or use a bicycle instead of taking a vehicle. Research shows that physical activity can also boost self-esteem, mood, sleep quality and energy as well as reducing risk of stress, clinical depression, dementia and Alzheimer's disease.

In addition to the foregoing tips, readers are advised to ensure they undergo regular check
of their blood pressure, blood sugar and blood cholesterol.

SOCIAL CORNER

FEDPOLEL August Babies

- Mr. & Mrs. Ajibefun of the Polytechnic Health Centre had a baby boy on 29th July, 2021 and the new born baby boy was named on Thursday, 5th August, 2021.
- The family of Mr. & Mrs. Ampitan was blessed with a set of twin boys and the naming ceremony took place on Wednesday, 3rd August, 2021.
- Mr. Adesina of the Department of Computer Engineering was also blessed with a baby boy on 31st July, 2021 and the Naming Ceremony for the baby was held on 7th of August, 2021.

While congratulating the families on the arrivals of the bundles of joy, we pray that the babies will live long to fulfil their purposes on earth in Jesus name.

Birthdays of the Month (September)
The Publications Committee of the Polytechnic, on behalf of the Rector and Management, wishes to felicitate the following members of staff of the Polytechnic whose birthdays fall within the month of September.

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